

2009 SPRING Workshop Registration

✓ Please check the line next to the course(s) you are registering for.

Introductory Series

__ Series ____ \$40 (Fill in letter of the 4-week series you will be attending.)

Workshops	Member/Credit	Nonmember
__ Pranayama in the Morning	\$75	\$85
__ Yogathon	\$60 <i>suggested minimum donation</i>	
__ Mount Madonna Retreat (<i>Single</i>)	\$575	\$675
	(<i>Double</i>) \$500	\$600
	(<i>Triple</i>) \$420	\$500
	(<i>Group</i>) \$340	\$400
	(<i>Tent</i>) \$220	\$265
__ Therapeutic Applications (<i>4-day</i>)	\$510 (before 4/2)	\$560 (after 4/2)
of Asana & Pranayama (<i>2-day</i>)	\$285 (before 4/2)	\$310 (after 4/2)
__ Introduction to Ayurveda	\$120	\$135
__ Drawing Yoga	\$45	\$50
__ Workshop for Breast Cancer <i>Free for patients & survivors of breast cancer</i>		
__ Boost & Protect Health of Breasts	\$65	\$75
__ Release the Groins & Prepare to Balance	\$65	\$75
__ Inversions	\$45	\$50
__ Knowing the Ropes	\$55	\$60
__ Hip Joint Agility	\$130	\$150

Cancellations & Refunds

Refunds will be issued only if written cancellation is received in the office 3 days prior to the start of a workshop or series or one month prior to the start of a week-long workshop or retreat. For Advanced Studies cancellation policies refer to the Course Catalogue.

No refunds or credit will be given for written cancellations received after the deadline or for no-shows in workshops. Written cancellation can be faxed to 415.753.0913, emailed to info@iyisf.org or surface mailed to be received 3 days prior to course.

Cancellation Fees

\$25 or 15% of workshop cost, whichever is greater. For retreats, please refer to appropriate brochure. \$35 for returned checks.

2009 SPRING Advanced Studies / Teacher Training Registration

Advanced Studies Course	Credit	Repeat	Audit
_ Asana III 200 / 500-hr	\$375	\$308	N/A
_ Bhagavad Gita 200 / 500-hr	\$250	\$205	\$220
_ Physiology 200 / 500-hr	\$375	\$308	\$333

Extended Weekend

_ Pranayama II	\$220	\$190	N/A
_ Teaching II	\$440	\$380	N/A

_ Quarterly Registration Fee \$25

_ Late Fee \$30 After March 27th for Weekly / April 17th for Extended Weekend

2009 Membership Registration

Renew or Join today!

IYANC Membership Rates

__ AS/TT Students	\$50
__ Basic	\$60
__ Sapphire	\$100
__ Ruby	\$250
__ Emerald	\$500
__ Diamond	\$1000

Join the B.K.S. Iyengar Yoga Association of Northern California

The IYANC is a non-profit organization. Membership benefits include year-round discounts on IYISF workshops, bookstore purchases, and membership to the Iyengar Yoga National Association of the United States - www.iyanaus.org. Those donating at the \$100 level or above will receive additional benefits.

Or REGISTER ONLINE at www.iyisf.org!

Grand Total \$ _____

NAME _____

E-MAIL _____

ADDRESS _____

OF PEOPLE ATTENDING _____

CITY _____

MC/VISA # _____

STATE _____ ZIP _____

EXP. DATE ____ / ____

PHONE (_____) _____ - _____

3 DIGIT V-CODE (ON BACK OF CARD) _____



REGISTER WITH CREDIT CARD BY PHONE/FAX OR MAIL IN THIS FORM WITH A CHECK PAYABLE TO:
IYISF 2404 27TH AVENUE SAN FRANCISCO, CA 94116

415.753.0909 TEL 415.753.0913 FAX



7/29/08